LUTHERAN WOMAN TODAY

SEPTEMBER

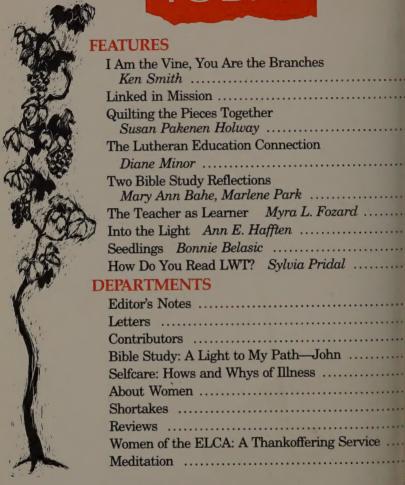


erdependence

For Growth in Faith and Mission



VOLUM



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Editor's Notes

erdependence—the word may roll "trippingly on the tongue," it is, these days, a word much on hearts, minds and souls of the ful. So much so that Women of dvangelical Lutheran Church in rica has chosen interdepenter as one of its organizing printer (see outside back cover) and ELCA embraces it as a way of indergirding all its activities.

erdependence is that marvelrocess in which all parties give receive, learn and teach, speak isten, evangelize and are evaned, support and are supported, and are loved. It is a way of ministry that says "We are so richer for having the gifts and is of all God's children as a part it's mission."

m the vine, you are the branch-St. John's way of talking about lependence, a biblical truth I in both the new Bible study Gospel of John (running Sepr through December) and in mith's lead article (p. 4).

pal interdependence is reflecthe article "Linked in Mission,"
Thankoffering service by Esse of Hong Kong, in Ruth Sigmeditation highlighting
s from India, and in Susan
y's poignant poem about LuWorld Relief quilts that "mulurough Tuesdays of the year."
uree Church Women United
profiled in "About Women"
core the ecumenical dimeninterdependence.

This issue also pays tribute to Christian education ministries, which so often involve the talents of women. "The Lutheran Education Connection," "The Teacher as Learner," and "Two Bible Study Reflections" (in which two women share their love of Scripture), lift education as a means to "grow in faith and mission."

Two final notes. Producing LWT is very much an interdependent effort, and LWT wishes to give formal thanks to those many people who shared their time and expertise as issue planners to date. Our appreciation goes to Ivis LaRiviere-Mestre, Kwan-ja Yu, Inez Schwarzkopf, Faith Fretheim, Renee Elms, Joan Pope, Nancy Koester, Marcia Erickson, Bonnie Belasic, Betty Nyhus, Marilyn Ehline, Ken Smith and Jennifer Peterson. The magazine is indeed richer for you all.

Our thanks also go to Sylvia Pridal ("How Do You Read LWT?"), on whose suggestion you may be reading these Editor's Notes. We invite you to be enriched by this issue—

however you read LWT.

Maney & Steeling)
EDITOR

LETTERS

Letter to Letter

I would like to respond to Ms. Baker's comment (June "Letters") regarding the Psalms Bible study. First. I want to commend Fred and Leola Gaiser for an excellent, inspiring, theologically sound study. [The study] is difficult at times, as we are called to wrestle with some tough questions and vital issues. Our desire for easy, comfortable, convenient solutions is reflective of an age that seeks instant answers. Sometimes it's just not possible. The psalms plunge us directly into the conflicts of life and God goes with us.

> The Rev. Hal A. Schroetter Chippewa Falls, Wisconsin

I was appalled by the letter (July LWT) from a South Dakota reader regarding the novel Born of the Sun [reviewed in the April issue]. She was "shocked by the offensive language," and preferred "not to put books with such language in our church library." Unfortunately, "offensive language" sometimes is necessary to portray unjust and obscene realities—like the conditions under which our Namibian brothers and sisters in Christ are forced to live. Who knows what kind of peaceful conditions might come to exist if enough Christians were "offended" into working for peace and justice?

> Deb Rossbach Cleveland, Ohio

June LWT

The article "Stephanie" by How W. Hinkeldey portrays with sir eloquence this special child's falife. I have had the privilege of teaching several special children basic Christian education. So of I was the one who was taught their sincere witness. Thanks for reawakening these fond memofor me.

Joy S. Burns Grand Blanc, Michigan

The article "Private Fears—Si Tears" touched me, angered m and gave me hope. I appreciate courage and commitment "R.J. "Ellie" have to their spiritual journey of healing themselves for helping me to heal some of own broken pieces.

> Kathy Sioux City, Iowa

I was thrilled to see the pictur Lorna on the cover of the June LWT. In this day when many having early genetic testing to discover if they are carrying a "suffering" with Down's syndrit exemplifies the fact that the individuals are truly children God. Lorna appears to be a his contributing member of our sinot an individual "suffering" if genetic disorder.

Deedy Payne Glen Ellyn, Illinois CONTRIBUTORS

Rev. Ken Smith contributes the logical reflection, "I Am the Vine, Are the Branches." Pastor Smith is a ram specialist for youth education catechetics in the Division for gregational Life of the Evangelical leran Church in America. A charter liber of the ELCA's Lutheran Men in ion, Pastor Smith lives with his wife, all, and two teen-aged children in Ridge, Illinois.



cy and Craig Koester, St. Paul, nesota, wrote the new (September 1gh December) Bible study on the el of John. Both have written study brials previously for the Lutheran ch. Nancy is currently doing uate study in theology at Luther hwestern Seminary in St. Paul. E. a former parish pastor, teaches Testament at the same school. The ters have two children, Matthew, 8, Emily, 4.



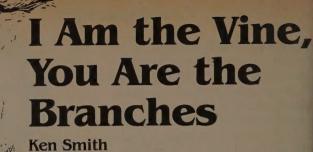
ia Pridal ("How Do You Read?") has served for the past two years esident of the Southwestern Minne-Synodical Women's Organization of en of the ELCA. Sylvia and her and farm near Porter, Minnesota. A ber of Bethel Lutheran Church, I is the mother of four, and, she s, "grandmother of five of the grandsons ever."



child, Esther Tse ("A Thanking Service," p. 44) fled to Hong from mainland China with her some she embraced Christianity as a ger and earned a master of divinity at Lutheran Theological tary in Hong Kong. With her and she came to the United States, she is now a doctoral student at theran School of Theology cago.



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In John the words are "I am the vine, you are branches." In the constitution of the Women of ELCA the word is "interdependence." Both exp sions call us to connect, to work together, to link

What does interdependence mean for you? The v may refer to a personal journey. It may also desc a group process or our global situation.

A PERSONAL JOURNEY

We usually learn who we are in relationship to oth Sometimes, though, our relationships (as ch spouse, parent, friend) stagnate instead of grov person's sense of self can become overpowered

The journey toward personal interdependence cludes such stages as recognizing dependency of dependency, longing for independence, emergence an individual, then reconnecting in a positive, it dependent way. Such a route is not a self-cent denial of relationships, but is a God-centered stru to embrace relationships.

A composite example of a woman of faith description a journey toward interdependence. This wor whom you might recognize, has long been hap her roles as wife, mother, and church leader, bu finds herself growing uneasy. She feels overburde as though "everyone wants a piece of me," and

begins to wonder what the "me" is.

We usually learn who we are in relationship to others.

I Am the Vine

e is longing for independence. She wants to diswhat it means to be her own self. Yet her journey rd independence doesn't come easily. At times e is confusion, guilt, resentment and anger—on part and on the part of those she is in relationship

time she discovers a new sense of self. She begins e that she is becoming the woman God wants her . It is independence bought at great price. Some er old friends do not like her or understand her nore. A loneliness comes when one's journey takes ferent path from those we related to before.

ver time, the woman's newfound self matures and "real." Our friend responds to her longing to reect; only now her "me" is not overwhelmed. She s herself into relationship. She brings herself

the connection.

e woman becomes interdependent. She reconto the vine in a new powerful way. Coming to rstand her "me" allows her to understand her ionship with God and the whole body of believers. cause of the interdependence the woman expees as part of the vine and branches, she continues come, to grow and bear fruit. Her vision embraces people in wider circles. She focuses her love on gers, and feels connected to people she hasn't met. She relates to others through Christ and gh the hope, even in pain, that God distributes gh the vine. Others join her as they walk gh their own journey.

personal journey from dependence or coidence to independence to interdependence imes takes place in adolescence through young hood. Sometimes the process comes later in life. It happens for both men and women. The nal journey to interdependence is parallel to the by that many groups make as people work to-

The personal journey from dependence to independence to interdependence may begin during adolescence or later in adult life.

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A GROUP JOURNEY

As groups form, time is spent working on relati ships. The group is "needy," and the individual me bers dependent on the group for identity. The mo bers spend time congratulating, comforting a knowing each other.

No matter how cohesive the group is at first, it gins to change. It is not enough for the group—wh ever it is, work group, congregation, organization

family—simply to enjoy itself.

Individuals in the group discover their roles relationships in the group, and begin to rede themselves. The original coming together bre down. Members of the group express dissatisfact and challenge the "groupness." People talk about good old days. The present seems difficult.

At this point the group may disintegrate as me bers assume independence and "do their own thing resuming their own, versus the group's, agenda.

Groups can, however, move beyond this stage: mature. Individual concerns and issues are caref considered. People raise serious questions about way the group proceeds, works and behaves. group honestly faces its strengths and weakness and decides on a focus. A new sense of working gether emerges. Members of the group find the selves renewed by their mutual efforts.

People'see themselves now as individuals work together interdependently. There is renewed inter in the group's history, not because past is better, because the past gives insight into present and fut The group decides to expand and grow. New per are attracted to the group, not because they wan be a part of a group but because they are interest in this group and what it stands for.

Groups, families, organizations and congre tions—like individuals—mature, passing from der dence through independence to interdependence. growth is seen most clearly in how the group rel to its leaders. At first the group may be dependen

to change.

It is not enough for the group simply to enjoy itself.

leader or leaders, then demand independence n its leadership, and finally find interdependence h its leadership needs.

LOBAL JOURNEY

journey toward interdependence is also a global e. We are at that special moment in history when have noticed how important it is for human beings e no longer independent but interdependent. We y be in the midst of a grand global shift away from laring our independence to working more fully for al awareness.

Ve are aware of our fragile environment. We sense t a war to protect our independence would threathe ecology of the planet which supports us all. We w that contemporary economics involves delicate

rdependence.

lectronic media heighten our immediate connectess. Churches torn by theology and sociology now v themselves as interdependent. It is less impornow to define territory than it is to share responlities for the care of the territory.

nterdependence is a journey we face as individuals,

roups, as a global community. On this journey we y with us the gospel of John, and the wisdom that is is the vine and we are the branches. The picture ine and branches reminds us that in interdepence we are never simply, and only, connected to each r. We are all connected to each other through God. is at the heart of our interdependent relation-

od calls us to be together. God helps us find oures. God unites us to many. Because God is the , we can relax our hold on each other, and apprethe independence that is the prelude to interndence. Because God is the source of relationwe have confidence that the vine continues nd time. The vine entwines us with an unending e, an ultimate unity of all those who are part of rine of Christ.

It is less important now to define territory than it is to share responsibilities

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for the care of the territory.



Linked in Mission

teven and Maureen Nelson were worried. Missionaries of the Evangelical Lutheran Church in America serving in the Central African Republic (CAR), the couple had just learned that Benjamin, their five-month-old son, needed surgery for an inguinal hernia—and the surgery had to be done in North America.

Steven Nelson recalled that day in a letter he wrote describing the support he and Maureen experienced in the CAR

"Soon after we arrived home [from the doctor], our closest neighbor, Helene, stopped by to hear the news. Helene is the wife of our night guard and the mother of nine children, so she knows well our concern for our son.

"Maureen asked Helene to pray. Helene hesitated, then

excused herself, saying she'd be right back.

"Not long after, she came back with her husband, Enoch. They sat in our living room and pulled out their hymnbooks. Helene said she wasn't very good at speeches, but she knew a hymn that expressed what was in her heart.

"Helene and Enoch began to sing, gently yet

confidently:

My heart is very heavy,
I have carried my own troubles.
My heart had become proud,
but he saved me.

He hears the cry of sinners.

"As they sang, I gained confidence. I began to tap my foot in time with the music. By the time they hit the third verse, my spirits were lifting:



After Sunday morning v in Meiganga, Cameroon

d's love is great,
great indeed.
has taken my sin away.
ill praise him always,
Because he has saved me
by his grace.

was struck by the scene of these ble of faith expressing their love concern for us by singing this

n of faith and hope.

Later that evening, Maureen and tout on the front porch, night all und, some night still in our cts. We saw the beam of a flasht as Pastor Benam David arrived the greeting, 'Peace-thing-to-' Pastor David is another neighband a colleague of mine at the e School

Vord travels fast. He had heard at Benjamin and our dilemma had come to sit with us and pray is to recall the promises of God have strength. He counseled us ke heart (his words translate lity as "to drink courage").

Ve are the missionaries here, d to preach and teach the Word od. We are also the ones who are thed and blessed by people of such as Helene and Enoch and or David"

the sense of interdependence is part of global mission today. To churches globally sharing in cod news of Jesus Christ.

we look at mission as a shared ivor between churches that are ers, there are many characterto consider as part of the relanip.



Worshipers at a Lutheran Church in Papua, New Guinea.

Giving and Receiving

Many people are still surprised by the gifts that partner churches offer us as North American Christians. Yet those gifts are many. The witness of Salvadoran Lutherans speaks to us of courage in the face of fear and conflict. Namibian Lutherans keep the faith in spite of oppression and continued struggles on the road to independence for their nation.

Such gifts are not only valuable but essential to the Evangelical Lutheran Church in America as it seeks to live out its faith, ecumenically and inclusively. The resources of partner churches show that while monetary support is very helpful, it is not the only resource of importance.

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Learned and Practiced

Models of mission that labeled others as "helpless" and missionaries as "all-knowing" have indeed changed. Today, many African, Asian, and Latin American Christian churches are doing well at carrying out their own mission efforts. In fact it is estimated that by the beginning of the 21st century, Christianity will be the primary religion of the Southern. rather than the Northern, Hemisphere!

Recognition of these facts calls for a shift of our thinking. We are challenged to let go of our old attitudes of being the ones "in control." We realize that we don't make decisions for our partner churches. What's more, we are working in many countries at the invitation of our partner churches.

Today, when North American mission committees convene, we cannot make assumptions about what the rest of the world needs, or about what we have to offer. Evangelical Lutheran Church in America global mission programs emphasize partnership and communication. New associations called "Companion Synod Programs" link ELCA synods with Lutheran churches in places such as Papua New Guinea, Tanzania and Japan. Exchange programs enable congregations to experience the witness of international leaders. Travel study seminars encourage responsible travel and respect for others. Learning interdependence is a process that takes place as we listen to our partner churches.

Combined Energy

We are interdependent with partner churches in carrying out the mission of Jesus Christ. The global village is

in great pain, as any daily paper newscast will tell us. It is only by c ating community, and speaking t word of Christ in the global villa that we can gain the strength to fa the problems. Little by little, wo ing together is becoming a necess as well as an opportunity.

Through a new program suppo ed by the ELCA, churches in t Southern Hemisphere are buildi "south-south" relationships to dress their needs. For example, d tors from Madagascar are working hospitals in West Africa. And a m sion project has started between Brazil and Mozambique in wh Brazilian churches send Christi education materials (in Portugue to Mozambique. Future plans this program include discussions tween farmers of both countries.

Shared Dependence on God

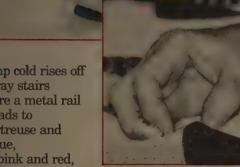
Our faith is the common factor t brings us together in praise and c cern across borders and cultur God, through Jesus Christ, susta us as we work to build and nurt these global relationships.

The word of God touched Ste and Maureen Nelson in the Cen African Republic and bound ther their neighbors. It does the same our churches as we journey togel in Christ Jesus. **•**

This article was prepared for Lut an Woman Today by the Division Global Mission of the Evange Lutheran Church in America.

QUILTING

the Pieces Together



I don't know how, but she swore she recognized it.

It is curious to come one day to do the work of our Lord and have it be this stitching. One woman lets off

steam about her husband, retired now and underfoot, while another

dreams aloud of love, and making life together good.

The guilts multiply through Tuesdays of the year, swelling into packages with layettes for mothers and children across the world, until they join forty others cushioning in the mail.

Creeping toward year's end, two hundred quilts top the record, stitching in this one's cancer, that one's laughter, this one's sorrow. and that one's arthritis. Off they go, taking the same love my mother once quilted into place long ago. 🔳

Susan Pakenen Holway, Oysterville, Washington, writes that the "Golden Girls" of Naselle Lutheran Church (Naselle, Washington) and their quilting circle were the inspiration for her poem.

ay stairs re a metal rail ads to treuse and oink and red, raps ing together

a place of flat tables, folding legs. workday flurrying to comfort woman whose mother s just died. talk of India, Kenya, la Lumpur,

the foothills of Kodaikanal.

the Lutheran Ladies.

n I was young nother made quilts pieces a woman living alone nk she stitched them my father as he ad in the living room. she may have worked alone. e the way those quilts held off

man retired from teaching eled overseas with her husband stant lands.

were riding a train ugh India 1 she looked up saw a quilt from back home ing on the line.

early morning fog.

The Lutheran Education Connection

Diane Minor

I love a five-year-old girl named Katie. I cradled her premature body when she was only five days old, and held her hand as she took her first steps. I talk with her about everything from fireworks to family relations.

For a long time, though, I wondered how to talk with Katie about my faith without offending her parents. Though raised in the church, Katie's parents spend most Sunday mornings in the woods at their rural Minnesota lake home. They're not vocally opposed to the church but don't seem convinced of its value, either.

One summer, Katie's parents enrolled her in a preschool sponsored by an Evangelical Lutheran Church in America congregation. Now she sings the Christian songs she's learned there. Now I struggle less to find words for what is deep and meaningful.

Her parents accept her exposure to Christian ideas and values. They appreciate the safe, loving care and quality education her Lutheran pre-

school provides.

Ministry to Children

More than one in ten ELCA congregations sponsor preschool, infant care, day-care or after-school programs, touching the lives of an estimated 60,000 children a year. Some 140 ELCA congregations sponsor el-

ementary or secondary school which enroll an estimated 30,0 students a year.

Two-thirds of the students ELCA schools are from families we do not attend church or are not litheran, according to Billie Navar ELCA Director for Schools. She similar figures are not available for preschools because those schools are developing at such a rapid ra

The preschools and schools sp sored by ELCA congregations g erally offer worship and religious struction, says Navarro. Shern Korshavn, principal of Trinity I theran School and Preschool in Los Angeles area, says that "W really makes us Christian is w happens in the classroom that is religious education or chapel. how conflicts are managed, a Christian life-styles are modeled.

Outreach to the Commun

Research suggests that church-spaced schools only assist the faith velopment of children when accepanied by religious commitment the part of parents, other signific adults and, possibly, peers.

ELCA schools and preschools strengthen or inspire the relig commitment of a student's pare Congregations with schools or schools report up to four times nadult baptisms than congregat without them. "Three-year-olds





Pre-school is Sun at Pilgrim Lutheran School in Chicago.

our best evangelists," says Dr. Delbert Schulz, longtime Lutheran school educator and member of the board of the ELCA's Division for Education.

Schulz and others recount story after story of children who spark or renew Christian faith in their families. Some congregations have joint evangelism programs with schools or preschools.

"We would not be making it financially or otherwise without the school." says the Rev. Gary Erickson. pastor of Medill Avenue Lutheran Church. The church houses part of Prince of Peace Lutheran School on Chicago's West Side. "Three out of four of our new members have some connection with the school."

Five Chicago-area congregations started Prince of Peace School. "They

were looking for some way to ser the community," says Cynde Kuck former principal there who no works with schools and preschools synod and churchwide levels.

Those congregations didn't hat far to look for a way to serve the comunity. Just blocks away are thuge public schools with 50 childrowded in classrooms built for 20

The existence of ELCA schools not an indictment of public education. Many ELCA schools coopera closely with public schools, and the Division for Education churchwise board is on record in support of public schools. Director Billie Navar spent much of her career as a public schools educator and official.

Inclusivene

While some recent research sugge church-sponsored schools may be tracting an increasing number White children from middle-cl families, nearly the opposite is the for many ELCA schools.

ELCA schools are accessible low-income families because tuit is kept low and scholarships available. Roughly one-third of students are children whose prim language is other than English whose race is other than White.

"Families call and ask, 'Do have any Black children?'" s Lynn Vaicunas, principal at Ch go's Prince of Peace. "We say, 'Yes do, and we're really proud of t We're trying to build that up.'"

Such patterns may not yet b place among most of the ELCA's ly childhood programs. Becamost preschool programs are s sored by suburban congregation they often are not accessible to income families in urban or pareas.

terdépendence

chools and preschools are the place here women are care-givers to othwomen who work," says the Rev. ephen Bouman, a Division for Edation board member who founded e school sponsored by the church serves in Bogota, New Jersey.

In Bouman's congregation and ners, retired women and men tutor ildren. Schools often return such ergenerational favors by taking e children to visit elderly people at

rsing homes.

Many schools and preschools also ve reciprocal relationships with agregational women's groups. The pups provide financial backing and unteer help. The schools send ldren's choirs and guest speakers

egional gatherings.

The largest group of women supting the preschools and schools the teachers themselves, many whom are members of ELCA congations. They give generously of ir time and talents, and receive tries far lower than they would in lic schools.

n endowment fund to help new thers pay off their college debts received relatively few contrions so far, according to Harvey remoeller, director of the ELCA

ndation.

ds

onwide, child care is available to one in four children from the families who need it, according san Rees of the Coalition on Hu-Needs in Washington, D.C.

Instituent support is crucial to new laws reflecting the ELCA's real position supporting quality, hable child-care for low-income plies, says Marian Nickelson, who represents the ELCA's Commission for Women in the Lutheran Office for Governmental Affairs, Washington, D.C.

Creative solutions backed with financial support also are needed to establish these programs and to train and retain teachers for existing programs. The annual turnover rate for teachers in Lutheran preschools mirrors the secular pattern at roughly 40 percent, notes Sue Ko of Irvine, California, director of the ELCA's largest preschool.

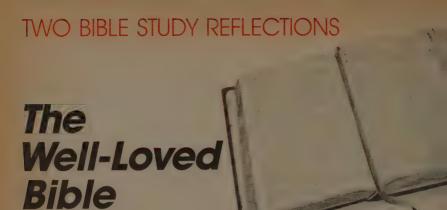
Now congregations need to renew their commitment to ELCA preschools and schools with active financial, time and prayer support.

As Billie Navarro points out, "Lutherans have a strong tradition of education which dates back to the 17th century and will help shape the leaders of the 21st century."

Diane Minor, Oak Park, Illinois, is an associate director for interpretation for the ELCA's Commission for Communication.



Ornar A. Quiñanes gels help from.
6th grade teacher. Preston Heyers.



Mary Ann Bahe

With my Bible before me I begin to prepare for another Bible study. The two of us have been through years of study together. The sight of my Bible raises a few evebrows sometimes, because on its front and back covers are stickers-stickers from the women's themes for the past years. At last count, there were nine. I remember some of them well: "People of God," "Women of Spirit," "Blessed for the Journey," and now the sticker for the Women of the ELCA logo.

Those stickers bring back memories of making banners with those same symbols. The banners hung as visual reminders during the year; I miss them.

As I open my Bible and turn the pages, I wonder what others think when

A Bible with markings and dog-eared corners is far more valuable than one whose pages are shiny and clean.

they see my markings those pages—large of tions that are underlin notations written in margins. To me, they reminders of meaning Bibles studies. To me Bible with markings a dog-eared corners is more valuable than whose pages are shand clean.

"I have complete co dence in the gospel; i God's power to save: who believe, first Jews and also the G tiles. For the gospel veals how God puts ple right with himsel is through faith from ginning to end. As Scripture says, The son who is put right v God through faith s live," (Romans 1:16 TEV). This text is un lined in red in my B At the top of the colu is the notation "Al theme verse—1980!"

Acts 1:8 is underlined th the notation "84-CW." There isn't as ich marking in my d Testament as there in the New Testaent. However, Jereah 24:6-7 is undered, as it was the CW theme verse in 87. I remember how at seemed to be a ore difficult study. bably because I don't ve a strong Old Tesnent background. I ew very little about e book of Esther, but study of Esther (Aust 1985) helped me derstand the probas of that time.

At our group Bible dies, we often comme different versions the Bible. There are se whose entire spiral life has been unded in the King nes version, and that seaningful for them. It monthly studies the Revised Stand Version, and this has value. My Bible

oday's English Version, because easier for me to understand. Intain it isn't the version that is cortant. It's the message of God

have at times struggled with e of our Bible studies. In prepaon for group Bible study, I do e reading and thinking beforeand often find myself unable to the the thinking of the writer of

Bible studies change through the years, but their place at the heart of the women's group stavs constant.

the study, but I persevere. Stewardship of time and money is also a concern of mine. As a time guideline, the length of a study should, I think, generally be kept within an hour. If a group can't cover the printed material in an hour, it can lead to frustration for some people. I would also like to see pertinent background material included in the printed Bible study, so purchasing an additional book is unnecessary.

I study my Bible alone in times of quiet, but I also study my Bible with others. Some of the greatest blessings of Bible study have been the shared insights of other people.

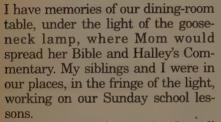
Bible studies change through the years, but their place at the heart of the women's organization stays constant.

Mary Ann Bahe, a wife, mother, and grandmother of three, lives in New Leipzig, North Dakota. A member of the Congregational Life board for the North Dakota Synod, she also is an active Christian education volunteer in her parish.

We Seek You Through Your Word

TWO BIBLE STUDY REFLECTIONS

Marlene Park



On one particular evening I recall reading the memory verse from the Bible, rather than from my lesson book. Unlike the study book, my King James Version did not shorten the verse for young readers. That discovery was exciting. I was challenged, as I would be many times in my life, to see what new things the Bible held in store for me when I opened myself up to it.

I also have memories of the early 60s when a new women's organization was forming at church. Again my mother played a key role. She invited me to go with her to the new circle. I recall the women were nervous about leading and participating in Bible study. Somehow, what they did on Sundays with Bibles and com-

mentaries seemed unrelated, at fir to what they were being asked to now. In their previous organizati they had used readings, rather the Bible study. So the experience we new, scary and exhilarating.

The next year I arrived in run northern Wisconsin, where I join a circle, learning with and from far wives, a schoolteacher, a postal cle and a hairdresser. The journey will bible study that had begun with the lessons completed on the dining room table continued to take I down all kinds of paths.

Whether in circles, at camp, worshops or seminars, or at district, sy odical or national meetings, I fou that Bible studies stretched mind, challenged me, often affirm my ideas, and enlarged my und standing of who I am as a child God. Together with homemake college professors, interior decotors, audiovisual experts, assembline workers and a host of other learned to recognize the importation of faith as the foundation on which is a stretch and the stretch as the stretch and the stretch and the stretch are stretch as the stretch as the stretch are stretch as the stretch as the stretch are stretch as the stretch as the stretch are stretch as the stretch as the stretch are stretch as the stre

Christian life-style

ogether we grew in understanding of partnership we with God in creawe with God in creawledge, with a at sense of responity and thanksgivthat the gifts of include our feelour needs, even sexuality.

hrough Bible study grappled with us' revolutionary ude toward wom-We met Zipporah, nabed and countother women in Bible, named and amed, who have overlooked ugh the centuries. we studied the Biwe recognized the ety of relationships ur lives, and the s in which God 3 us develop these ionships. We exd biblical underlings of family, of e, and of politics. learned of, and

our global sisters. We reflected enically on stewardship and stry in daily life with Presbyteand Roman Catholics.

Bible study we delved into the nets. We struggled to honor the

Bible studies stretched my mind, challenged me. often affirmed my ideas. and enlarged my understanding of who I am as a child of God.

commitments we had made in worship, especially by working for justice for all people. Our study often compelled us to speech and action. We came to grasp the connection between evangelism and social action.

Finally, through Bible study we became increasingly aware that the more we read and studied, the more there was to read and study. Just as when I travel a familiar road. I see ever-new sights, so in Bible study I find ever-new insights in passages of Scripture I thought I knew. Not all roads are built for comfort and speed, nor are all Bible studies written to be handled easily or comfortably. But in each, there is a lesson to be learned. I've been thankful for the many lessons I've learned.

Lord, bless us on our journey as we seek you through your word.

Marlene Park is a Women of the ELCA churchwide board member from Rockford, Illinois. She uses her teaching, speaking and writing talents to serve the women's organization and broader church.

BIBLE STUDY

A Light to My Path: A Study of the Gospel of John

"Ah, you remind me of your mother!"

Under the right circumstances, these words express esteem and affection. For as different as our lives may be from the lives of our parents, we owe to them much of the shape of our lives, our physical features, and, to some extent, our personalities. Despite the significant and sometimes intentional changes between generations, there is continuity. We are different chapters in one family story.

The same might be said of the Bible study in Lutheran Woman Today for 1989. The year began with eight sessions on the Psalms, with the theme "Thy word is a lamp to my feet and a light to my path" (Psalm 119:105). The last four sessions for this year are on the theme of light in the gospel of John. As different as the Fourth Gospel is from the Psalms, there is continuity. In the Psalms study, God's Word (the Scriptures) is the light to our path. In the John study, we meet the Word made flesh in Jesus Christ. He is the light that shines in the darkness, the light no darkness can overcome (John 1:5). These four sessions on light in John invite us to explore and experience anew some of the most powerful words in the Bible:

"For God so loved the world that he gave only Son, that whoever believes in him should perish but have eternal life" (John 3:16).

"I am the resurrection and the life; he who lieves in me, though he die, yet shall he live, a whoever lives and believes in me shall never di (John 11:25-26).

"In the beginning was the Word, and the Wowas with God, and the Word was God" (John 1:

The Scriptures in this study continue to be a light our path, pointing us to Jesus, God with us.

IBLE STUD

One Who Came by Night

Study Text: John 3:1-21

Nancy and Craig Koester

nnis

nnis had gone to the seaside only e or twice since her husband's the three years ago. It was too d for her, remembering how the Ben had loved the beach and he was not there to share it with But today, following a quiet imper, she drove the car to the beach, and in the public lot, and walked as the sand toward the water's the sea seemed quiet today; it low tide. It was too early for the ods of sun worshipers, but a few choombers were already out thing for shells.

tting down on her old beach towlynnis watched the seagulls divfor minnows and heard their

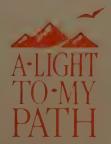
ring cries pierce the rair.

mething has changed, hought. It doesn't hurt nuch. The first year out Ben had been the est. The second year a little better. But now she felt stronger and more whole. When had it happened? She thought of Jesus' saying, "You must be born anew." Can one be born anew after grief? Yes. Perhaps even *through* grief. Slowly.

How did Glynnis experience light and darkness in her life? In what sense did she experience new birth? What is your story of light and darkness? Of new birth?

Images of light and darkness appear throughout the gospel of John. As the story begins, we hear that through God's all-creating Word "the light shines in the darkness" (1:5). Later, Jesus announces, "I am the light of the world" (8:12). Some accepted Jesus, but many others "loved"

darkness rather than light" (3:19). Yet throughout his ministry Jesus promised, "I have come as light into the world, that whoever believes in me may not remain in darkness" (12:46).



Light and Darkness

- John 3:1 tells us that Nicodemus was a Pharisee, a ruler of the Jews. Why do you think this "ruler of the Jews" came to Jesus "by night"? What are some ways in which people today might try to come to Jesus "by night"? (For example, when parents drop their children off at Sunday school but never attend worship, or when persons seek truth in religious experience but avoid any contact with the church.)
- Note that in 3:2, Nicodemus begins the conversation with Jesus in a matter-of-fact way. But in 3:3, Jesus immediately moves the conversation to a higher level. Jesus uses the Greek word *anothen* to describe the new birth. The word *anothen* can mean either "a second time" or "from above." In the Revised Standard Version, *anothen* is translated as "born anew."
- Judging from 3:4, how well do you think Nicodemus understood Jesus' use of the expression "born anew"? How does Nicodemus's understanding differ from what Jesus says in 3:5?
- How do people today understand the phrase "born anew" or "born again"? Do you find the statement "You must be born anew" comforting or disturbing? Does it unite Christians or divide them? Reflect on how you have experienced this in your personal life, in your family, or in your congregation.
- In 3:5-8 Jesus uses the Greek word *pneuma* which can mean "spirit" or "wind." By using both meanings of the word, Jesus describes the freedom of God's spirit. Although Jesus' insistence that one must be "born anew" can sound like a demand, 3:8 makes it clear that new birth occurs by the spirit of God. The spirit's activity is beyond human control. How does 3:8 help us understand what it means to be born anew?

RIFETIND

One need not be a Christian to sense a need to be rn again." What are some of the nonreligious ways that ople seek rebirth and renewal? (For example, through areer change, dieting, or travel.) What are the benefits such experiences? What are the limitations?

Read John 3:5-6. In 3:5 Jesus says that one is born water and the Spirit. John, the evangelist, says that otism with water was practiced by John the Baptist 26-27, 33) and by Jesus' own disciples (4:1-2). Jesus, wever, brings the added gift of God's spirit. What does suggest about the relationship between baptism and w birth?

Recall that in 3:2, Nicodemus appeared to know someng about Jesus. But by verse 9 and 10 it is clear that codemus does not understand what Jesus is saying, at clues does verse 2 give us for Nicodemus's failure to derstand Jesus? What misunderstandings of Jesus that keep people from following him in our time?

Compare Nicodemus's story with that of the woman the well, found in John 4:7-30. Nicodemus came to us by night. The woman met Jesus in broad daylight, about the sixth hour," which was noontime (4:6). What Nicodemus's standing in the community (3:1)? What the woman's standing in the community (4:18)? The thing that Nicodemus says in Chapter 3 is a question). The last thing that the woman says also is a question 8-29). How would you describe the differences between woman's response and Nicodemus's response?



Earthly and Heavenly Things Read John 3:11-15.

In these verses, Jesus talks about belief and unbelief—issues that affect people in every generation. Jesus speaks both for himself and his followers by saying, "We speak of what we know" (3:11). Jesus also uses words that are plural in Greek to address Nicodemus and people like him. We can paraphrase John 3:11b as "you people do not receive our testimony." The conversation in these verses does not concern Jesus and Nicodemus alone. It becomes a conversation between all those

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who believe and those who do not.

We noted earlier that people in Jerusalem saw Jesus do signs, but did not really understand what the signs pointed to (2:23-25). In Chapter 3, Jesus uses earthly images like birth and wind to speak of God's actions. In 3:12 Jesus indicates that those who do not understand such "earthly things" will not be convinced by a more direct account of "heavenly things." In this complex passage, Jesus offers a preview of his life, death and mission. The constant theme is that we are born anew through Christ.

In John 3:14-15, Jesus refers to an incident that took place in the time of Moses. Read Numbers 21:4-9. Unbelief was not new in Jesus' time. What does this story tell us about the people of Israel in the time of Moses? What is the significance of the serpent on the pole? How does this Old Testament story help us to understand the significance of Jesus' death?

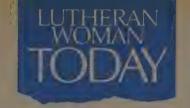
Read John 3:14-15 again. In this passage Jesus uses the Greek expression "lift up," which can have two meanings. First, it can mean to be "lifted up" by being hung on a cross. Second, it can mean to be "exalted" or "lifted up in a glorious way." Note how "lifted up" is used in 8:28 and 12:32. How do the two meanings of this expression help convey the significance of Jesus' death?



Darkness and Light Read John 3:16-21.

Review Psalm 104, which was the Bible basis for last month study. The psalm testifies that the world is God's good creation. In John's gospel, the term *world* is sometimes used for a creation, as in 1:10a, 3:16 or 17:24. But more often, John use *world* to describe the world in rebellion against God.

What characteristics of "the world" appear in the following passages from John: 1:10b, 14:27, 15:18-19? Note that in 3:16-17, the world is the object of God's love. How does an understanding of the term *world*, as used in John's gospel, help us to understand the character of God's love?



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—Sue Edison-Swift, Associate Editor, Lutheran Woman Today

66 LWT focuses on the challenges, joys, and struggles we all face as Christian women in today's world.

—LWT reader, Chicago



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9464-789

Read John 3:16-21 again and note how, in this age, judgment and love are intertwined. Which verses is passage usually receive the greatest emphasis in Christian life? Why?

John 3:17 clearly says that Jesus came to save the d, not to condemn it. John 3:18 suggests that people themselves by their response to Jesus. In what ways cople today judge or condemn themselves? What differ could faith make in the lives of such persons?

Recall that in Psalm 104:19-20, light and darkness imply part of God's created order. But what is meant be words *light* and *darkness* in John 3:19? Think of all ways in which we experience light and darkness.

Think of examples from your own experience or current events that illustrate John 3:20. In what tions do people hide so that their deeds will not be sed?

Think of someone whose deeds "have been wrought 1" (3:21). How do such people provide light and guidfor others?

How well does the imagery in 3:19-21 describe Nius? Has he seen a glimmer of the light in this pasts he completely in the dark? Or is he in the shadows en darkness and light?

Nicodemus's story does not end in Chapter 3. Read John 7:45-52 and 19:38-42 (where we are reminded that Nicodemus first came to Jesus "by night"). How would you describe the way in which Nicodemus's response to Jesus develops in these passages?

How can we know whether people we encounter are "of the darkness" or "of the light"? When might we be called upon to make such a judgment, and when should we refrain from judgment?

■ In John 3 we, like Nicodemus, hear that people can be born anew through the power of God's spirit. We hear that the light of Christ has come into the world, and that light brings us life. We may experience this as a dramatic event, such as a conversion, or as daily trust and hope as we live out our Baptism.



In Closing

Read or listen as John 3:16-17 is read aloud. Think of the words as the light that guides our lives.

Worship

Almighty God, by our baptism into the death and resurred of your Son Jesus Christ, you turn us from the old life of Grant that we who are reborn to new life in him may liv righteousness and holiness all our days, through your Jesus Christ our Lord.

Prayer for Renewal from page 47 of Lutheran Book of Worship, copy © 1978.

Looking Ahead

To prepare for the next session, read John, Chapters 8 a Think about what it means to receive spiritual sight. Copyright © 1989 Augsburg Fortress. May not be reproduced w

permission.



The Teacher as Learner

Myra L. Fozard

e teach? Oh, no! I don't know enough about the Bible to do that."

w often those who recruit ers for Sunday school or vacatible school hear those words.

they have to know every—or almost everything—about bible before they teach. They feel inadequate and afraid of a mistake. In some ways this is commendable, because it they realize the importance of arning ministry of the church he influence teachers have on zes of others. But what people don't realize is this: no one ever it all; no one ever knows h. We are all learners.

as often been said that teachurn more than their pupils, and ue that statement is. As teache learn many things. Here are few:

We learn about our students. re they? What are their needs *pectations? What are the teristics of their age level? Is

there some information about their home situations that can help us as teachers be more sensitive to their needs? Knowing the answers to such questions can help guide us as we teach.

- We learn more about ourselves and where we are on our faith journey. As we teach, we share our faith stories as well as impart facts. Learning the factual content of the Bible is important, but it is not enough. Many people who can quote Scripture, giving chapter and verse, can lose sight of the gospel message, or of how God would have us live with and for other people. As teachers, we learn how important it is to share ourselves and God's influence in our lives with those we teach.
- We learn about the Bible and church doctrine. Leader guides and other books provide background information and give new perspectives and ideas. We not only learn more about individual Bible stories, but we also deepen our understanding of God's saving grace throughout his-

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tory. We learn what it means to be a Lutheran Christian.

We learn about teaching methods. There may be several ways to present the same lesson, but some methods will work better with a particular group than others. Discussion may work well for one situation; another time storytelling, drawing, role-play or video may work best. Because we know our group's abilities and limitations, we will be able to present the material in the most effective manner—a process that will take some experimentation.

We learn to find and use the appropriate resources. The materials available are many and varied and might include the Bible, a leader guide, a resource supplement, a concordance, a Bible dictionary, a commentary, or recommended books and magazine articles. It makes sense for Lutheran congregations to use Lutheran materials which interpret Scripture, the sacraments and

the creeds in light of Lutheran of trine.

6 We learn the importance being a good example. Those teach will see in us what it means belong to the family of God. One ample of our demonstrated famight be in group prayers. Becawe pray corporately, the group r learn better how to pray. Our live and out of the classroom will in ence those we teach.

To We learn to trust the I Spirit. It is our responsibility teachers to prepare our lessons withen trust the Spirit to lead us to and do the right things, those this which our students most need hear. Prayers for guidance be preparation and before each c will enable us to do our best—that is what God asks of us.

8 Most important, as teac we can develop our learning attit Our efforts to grow with those



leads us to expand our knowland enhance our faith. As ers, we come to think of ours as learners, not experts.

e day when I visited my 91old grandmother, Lucinda, I found her reading the Book ncord, the volume which conthe confessions of the Lutheran rch, including the Augsburg ession, the Smalcald Articles, mall and Large Catechism, and formula of Concord. "There's a learning in this here book," she

vas heavy reading for a woman a sixth-grade education, but, she had never stopped learn-Most of her life was lived in a between two western Pennnia hills, but she expanded her ons by reading and taking adage of every learning opportunity her congregation offered. She knew her Bible and her church doctrine, and she shared her faith with everyone. She was a marvelous teacher.

Let us never be afraid to accept God's call to teach, because God has given each of us the capacity to learn as well. Let us take the risk and accept the challenge. What a marvelous way to share the good news of what God has done, and continues to do, for us through Jesus Christ, our Lord.

Myra L. Fozard, Aliquippa, Pennsylvania, calls Christian education one of her loves. She served for a number of years on her synod's educational ministry team and as a Sunday school teacher, in addition to writing Lutheran curricular materials.

SELFCARE

ULA BURTNESS, MARY JOHNSON AND KEITH SEHNERT

Hows and Whys of Illness

re is growing evidence today ur attitudes, perceptions and rofoundly affect the health of dies. For some, this is a diffilea to accept, because it sughat we must accept a certain it of responsibility for our own ss.

ss today is viewed more and

more as having many causes. We are not just helpless victims in a world full of germs; nor are we totally victimized by stress. For we have something to say about how we respond to germs, stresses and other difficulties. We can make choices on how to live our lives and choices about how we respond to the events of our lives.

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These choices can influence how we feel, which then influences how we choose to behave.

"A cheerful heart is a good medicine, but a downcast spirit dries up the bones" (Proverbs 17:22) speaks to the importance of a positive attitude to life and health. Certainly there are days when "a cheerful heart" is hard to come by. Yet the proverb does not say "be everlastingly cheerful." It's simply stating a truth that the wise proverb writer gleaned from experience.

Think about your own life for a moment. What happens when you really make the effort to act in a cheerful way? Often others begin to

What separates the person who sees only the cloud from the one who looks for the silver lining?

mirror your behavior and before long you aren't just acting anymore. Cheerfulness can be contagious. Cheerfulness and laughter not only bind people together in hope and love, but some medical researchers suggest that they enhance our immune system and releases endorphins—nature's painkillers—into the bloodstream.

When Jesus healed the woman of dysmenorrhea (Luke 8:43-48), the man who was paralyzed (Luke 5:17-26), and the man with leprosy (Luke 5:12-14), he said it was their faith that made them well. The people

that Jesus healed reached out to he with courage and faith, and their tion brought them wonderful be fits. They were active on their obehalf; they took the leap of faith

Our beliefs and assumptions ha profound effect on how we see world in relation to ourselves. may choose to look at life as very ficult and unfair most of the time we can choose to see it as a dar adventure, filled with opportunit that may not always turn out way we want them to. We can ot tinue to cry, "Why me, Lord?" or let to pray, "Now what?" We can fo on a disability or an ability.

What separates the person was sees only the cloud from one who looks for the silver ing? Author Bob Veninga in book, A Gift of Hope: How Survive Our Tragedies, (Li Brown and Co., 1985) por out that there is a reservoi hope within each one of us is basic to our existence. It this hope that sees the present moment as being alive was possibilities no matter with circumstances.

It is not what happens to that matters as much as we choose to respond to it. We not to do the very best we can with life situation, and leave the outco

up to God.

Things will happen to us; ill will occur. We can choose, howe a God-pleasing life that embrahealth. We can grow and leap into as we respond to what happens to We can praise God in health, our vulnerable illness. We can as responsibility for our lives, lead God in control.

INTO THE LIGHT

BRAILLE AND TAPE SERVICE KEEPS READERS INFORMED

Ann E. Hafften

OY RELTON'S LIFE IS FULL. She the bar exam in July, and hopes day to specialize in disability She and her husband, a teacher, in the Washington, D.C. area their one-year-old daughter, cca. Involved in her Lutheran regation, she is a dedicated or of *The Lutheran* and Luther-Voman Today. Because Joy is , the ELCA periodicals arrive idiotape.

use these publications exactly as s do," Joy says. "To me, it's readan magazine whether I listen commuting by subway or as I usework." Joy has been receivaille and cassette-tape editions theran publications for more a year now through the ELCA e and Tape Service and before for seven years through Ephna Services of the former Amerutheran Church. Christ in Our, a daily devotional magazine, available on tape.

e Bible study portion of Lun Woman Today enables readthink for themselves," Joy She is quick to point out the of receiving the study's leader in braille. "When it is my turn the Bible study I'm equipped, any other woman in the contion is."

considers her reading of the ran periodicals nothing exinary. She wants to be informed. It is necessary, she feels, that blind people (and those with other disabling conditions) receive the same information as every other member of the church in a form that is usable to them. "Things are not always more difficult for us, as people believe. With the same information we can be equal members; we will simply do things differently."

Joy serves on a committee that is rewriting her congregation's constitution. She is able to participate fully since receiving an audiotape of the *ELCA Model Constitution for Congregations* through the Braille and Tape Service.



Lutheran Woman Today's braille edition and audiotapes.

The majority of blind people lose their vision aft age 60 and, therefore, never learn braille.

Active in the worship life of her church, Joy wishes she had a complete *Lutheran Book of Worship* (the braille edition is abridged). When Rebecca was to be baptized, Joy was unable to read the order of service. She was not aware she could request



LWT's big print edition (shown alongside the regular edition) and audiotapes help people with visual impairments to be informed.

the missing portions on separate braille sheets through the Braille and Tape Service. "Of course there are limits of time and money," Joy says, "but I wish we had some of the folk services and worship alternatives in braille.

"Wherever I've been active in a congregation, I've always volunteered to read the lessons," Joy adds, "but I'm seldom asked." Worship is just one of many areas where blind people run into stereotypes and myths about their condition. "People seem to think blind people are unaware of what's going on around them," Joy says, "or else they have ideas that blind people have extra

hearing or that all are musically ented."

At least six million U.S. citicare known to be blind, though more are reluctant to admit have a disabling condition. Of the six million, only one percent in braille. Joy Relton feels that lear braille is not adequately emphasin primary education. She is how that computer braille translativill soon become more affordable.

Relton says the majority of he people lost their vision after agand, therefore, never learned by Diabetes, a primary cause of he ness, often reduces sensitivity if fingertips. All these barriers to use of braille point up the intance of audiotape services, sut the ELCA's Braille and Tape Se and the U.S. Library of Congwhich offers an extensive listing publications available on audiosettes.

Lutheran Woman Today on otape helps keep Joy in contact world issues as they relate to Christian faith. Other publicates such as World Encounter, Wo. Season, and Parish Teacher, or provided by special request. A becca grows, Joy is beginning search for children's material braille, expecially books about meaning of Christian life, that can read together.

Currently 750 people regula ceive Lutheran Woman Today diotape; 150 receive the braille lation. An individual with a discondition can receive the magazine on audiotape for \$10.00 per year, thanks to volureaders and a system of receassettes. Which raises a que

Are there really only 900 Lutheran woman that could benefit from the audiocassette service?

here really only 900 Lutheran on that could benefit from this ce?

Relton speculates that pastors concerned friends in congregasimply are not aware of the vilimitations of many members. very important for more people low about and use the Braille Tape Service, so more people need it will find out about it,"

y suggests making general ancements about the service to whole congregation. Another would be for congregational

leaders or pastors to alert nursing homes to the availability of Lutheran audio publications.

To receive a complete list of materials available through the ELCA Braille and Tape Service, write to: Box 1209, Minneapolis, MN 55440, or phone 1-800-328-4648. ■

Ann Hafften is a free-lance writer who also works for Lutheran Peace Fellowship in Minneapolis, Minnesota. She formerly worked in the communication office of the American Lutheran Church.

SEEDLINGS

ONE WOMAN'S HUNCH LEADS TO A SIGNIFICANT MINISTRY

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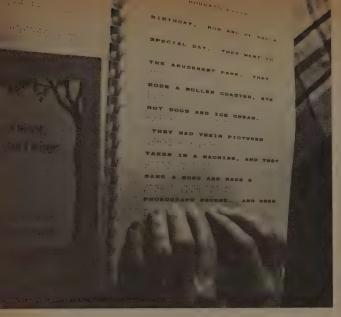
out digging up some good books."

message on Debra Bonde's telephone anny machine does more than tell us Bonde is It is a statement of her commitment to prograffordable books to children who are visually red, and it reflects a change in her life. ugh this self-professed "not very outgoing, mically oriented" woman would have prea less public way to live out her daily life,

now on the speakers' circuit, seeking grants d sharing her vision and excitement for the ial of visually impaired children through her



Debra Bonde



Books like this with both print braille enable t who read braille those who are sig to read together. books are espec helpful for fam with preschool dren.

"I had a gut feeling this was important," Bonde said. She knew that only 20 percent of all children with visual impairments were proficient in braille, and she connected that knowledge with the fact that few affordable braille books were available to them. Unemployment, she found, runs at 80 percent among those with visual impairment. She surmises that braille literacy could help change that statistic.

Operating out of the basement workshop in her home, Bonde relies on women volunteers from her church for help with this ministry. In fact, it was her Women of the ELCA circle that critiqued her first speech and sent her on her way in search of grants and other funding. Today she is able to provide braille books at half her production costs with the help of grant funding and volunteer support for Seedlings.

Bonde is representative of the three mission areas (community, growth and action) under which

Women of the ELCA programs are carried out. From ELCA VOICES, 1989 Evangelical Lutheran Church in America Resource Packet for Congregations. Used by permission. Bonnie Belasic is director for communications and stewardship inter-

and distributed at this year's ELCA synod assemblies.

tion for Women of the ELCA. This article first appeared as part of a terpretive packet produced by the ELCA Commission for Communic

The work of Debra Bonde is representativ of the three mission areas under which Wome of the ELCA programs are carried out.

ABOUT WOMEN

JANE BURTON

Claire Randall

wision CWU as an instrument t enables women to confront e issues of our time that are al, complex and interrelated."

I women should reach out, use talents and demand the most emselves." These are the words e Randall, national president of the Women United, applies to elf in her global ecumenical min-

dent of CWU in June 1988, ing with her a mosaic of national international experiences. and reared in Texas, she began areer as an artist and Christian ator within the Presbyterian ch. She then served for more a decade on the national staff urch Women United in various in the best of the National Council of the Council o

ire Randall has traveled the over. She has met and talked presidents and prime minisurchbishops and popes. On a rerip to the USSR, Randall met



with Mikhail Gobachev and leaders of the Russian Orthodox Church. Always her goal has been to use her unique position to listen, build

bridges and promote peace.

"Now, as president of Church Women United," she reflects, "I feel I have come full circle ecumenically. As I look ahead to our jubilee in 1991 and to the 21st century, I envision CWU as an instrument that enables women to confront the life and death issues of our time that are global, complex and interrelated. Worldwide poverty, the ozone hole, the greenhouse effect and nuclear-accident fallout touch us all. Through Moses. God has put before us life and death and called us to choose life (Deuteronomy 30:19). It is time for us as women of the church to choose life and to demand of ourselves the collective effort it will take to impact the whole world with the power of our influence and our message."

"I feel I have come full circle ecumenically."

"The people of Central America taught me faithful persistent the face of overwhelming odds."

Patricia J. Rumer

"My vision is for CWU to be seen and recognized by women in all denominations as an exciting and active arena where they can experience the spiritual exhilaration of collective power..."

Patricia Rumer is a woman who smiles easily and considers laughter as essential to her life as the air she breathes. "I feel where there is laughter, there is hope," she says.

The daughter of a Presbyterian minister, Patricia Rumer grew up in the church. "My father believed there wasn't anything a girl couldn't do. He gave me the gift of confidence in myself—to try, to dream and to live out those dreams."

A dynamic woman with clear goals for her life, Rumer works to integrate and balance her personal and professional life as a woman, single parent of a teenage daughter and church executive. An avid athlete, she enjoys bicycling and swimming. She's quick to credit the women who have supported her, including her mother and a host of women friends with whom she has dreamed, laughed, and journeyed.

Rumer holds a Ph.D. in urban studies and policy analysis from Portland State University. She gained practical experience as well as spiritual growth living and working for several years in Guatemala



as a community development ver. Rumer commented, "The poof Central America taught me ful persistence in the face of whelming odds."

For the past seven years, R has been the regional secretar Latin America and the Carib with the United Church of Ch Board of World Ministries. In A she succeeds Doris Anne Young the new General Director of Ch Women United. She sees her lenge with CWU as working to tivate and empower a more v community of women of faith v the church. "My vision," she say for CWU to be seen and recog by women in all denominations exciting and active arena when can experience the spiritual e ration of collective power as celebrate, worship and join tos in common action. Now is the moment for CWU to be a ca during the Decade for Church Solidarity with Women."

goal for today, as every day, is to share the 'so much' that I have been given."

argaret Schiffert

has given you so much. Now nust share it."

e are the words Margaret Schifhe daughter of a Methodist pasemembers the most from her nood. In her family talents were thing "which you didn't dare to yourself." Margaret's gift for celling and illustrating became rent early on.

w Schiffert is editor, primary r, photojournalist, production echnical editor "and often typor *Churchwoman*, a quarterly cation of Church Women

iffert's preparation for her on Churchwoman has included ial jobs in high school and colfree-lance writing during off from her jobs as medical artist. ure designer and high school acher; the mothering of five en; and positions "in a succesf national denominational of-Schiffert's recommitment to urch focus of her childhood did me as a sudden revelation. er," she says, "it was a growing, ng together of the past, presd future. More recently, it was richment that I received on my purnalism assignments with-United States and to 30 other



countries. And it helped to be told, over and over, that, 'God has given you so much. Now you must share it.'"

"How right is seems to be where I am," says Schiffert, "working on *Churchwoman* with its global issues and ecumenical emphasis—these are the threads woven throughout my life and a multidenominational family circle."

"My goal for today, as every day," summarizes Schiffert, "is to share in a meaningful way the 'so much' that I have been given."

For a one-year subscription to *Churchwoman*, send \$8.00 to:

Churchwoman 475 Riverside Drive, Room 812 New York, New York 10115 (\$20.00 for a 3-year subscription).

Jane Burton is director of media and interpretation for Church Women United.

SHORTAKES

SONIA C. GROENEWOLD

Brief Prayers on News Items

TV series focuses on world hunger

Together with several other denominations and religious agencies, the ELCA is participating in a public television miniseries on hunger. The series, "Breakthrough on Hunger," will air this fall. Print and video study materials have been prepared so that congregations and individuals can look at the causes and cures for world hunger.

Bounteous Lord, awaken from apathy those of us who live amidst plenty that sometimes blinds us to the needs of others.*

*Watch for an article on this subject in the December 1989 LWT.

Writers of color hold second workshop

This month 16 people from the Asian, Black, Hispanic and Native American communities will gather in Minneapolis for the second multicultural writers' workshop. Designed to train writers from the four ethnic communities for work on ELCA publications, the three-year program is sponsored by the Commission for Multicultural Ministries. Its goal is to make the ELCA's print ministry more inclusive.

Lord, guide the ELCA toward its goal of inclusivity. May we not only open doors but be enriched by the experience.

Women are "sisters' to El Salvadorans

Women from Europe, North Ame and various parts of Latin Ame have visited El Salvador from I through July. They were part of ecumenical "chain of hope"—a man chain designed to be vis present in El Salvador, to share and experience the situation women from the different church in the war-torn country.

Bring peace, Lord, to troubled hearts in a war-torn world. Mak us instruments of that peace.

Liberian Lutherans urge care of earth

The Kpelle Literacy Center of Lutheran Church in Liberia is ing Christians to take seriously responsibility for care of the ex Citing uncontrolled deforesta overgrazing, overcultivation w destroys topsoil, illegal killing of animals and pollution of air water, the center points out everyone "has received these sources as a trust from the crea

Teach us to care for the earth you intended, Lord of all life.

Read your daily newspaper build a prayer list to be revise needs change.

Sonia C. Groenewold is news of The Lutheran.



QUILTS

ag Quilts, a 28-minute videotape able on a free-loan basis from eran World Relief. To order, oll-free, 1-800-527-3211.

vill never forget the day I was ing through the Howrah Train on in Calcutta and saw a man ing on the platform. I moved to around him, and as I did so I ed that he was wrapped in a Luun World Relief quilt. I became bumpy and teary-eyed; I felt d and sad and thankful ... d to be part of a Lutheran conation that participates in guiltng, sad that the faithful quilters me could not see the results of labors, and thankful that beof their labors, the lives of are made warmer.

is video allows quilters and othsee the results of their labors. Igh it we journey with the LWR projects from congregations, e warehouse, and then to ls and hospitals in Tanzania. how the quilts, school kits, kits, layettes, sewing kits and are put together, distributed sed.

s is a must-see video for all contions who participate in the Lu-World Relief projects, and for who don't.

Jackie Chattopadhyay Mount Prospect, Illinois

THE WIDOWS: A Women's Ministry in the Early Church



The Widows: A Women's Ministry in the Early Church by Bonnie Bowman Thurston (Fortress, 1989, \$8.95).

he early church provided for its widows, offering both sustenance and status. Are modern Christians, in contrast, using widows to support the church?

By the year 2000, America's elderly will number 35 million and most will be women. Indeed, America's fastest-growing age group is its 85-and-older population. The poorest are those women who, as lifelong homemakers, have no pension, no health coverage—and no husbands. The word widow can connote silence, separation, and solitary existence, even for those women who are financially secure.

Bonnie Bowman Thurston has examined with love and learning the position of Christian widows from the time of Jesus to the year 325. Our widowed early church mothers, she reveals, were the first ordained women, defined but not defeated, dedicated, not diminished. Using the metaphor of widows as altars, the author emphasizes the crucial value of their dedication to continual intercessory prayer.

This scholarly but accessible book makes for inspiring and meaningful reading.

Nancy Kettering Frye Lebanon, Pennsylvania



STRESSPOINTS: A Young Person's Guide to Peace of Heart

Stresspoints: A Young Person's Guide to Peace of Heart by Douglas Fazzina and Joseph Moore (Paulist Press, 1988, \$3.95).

Although I have been out of high school 20 years, I still have night-mares about that time and about issues of popularity, emotions and self-esteem. This book could have been written for me! The authors address 15 "stresspoints" in a nonpreachy way. They offer advice about how to work through the typical problems young people face.

The book's emphasis is on communicating, loving, caring, reaching out and being open to others and God. The last six chapters center on "Stressbreakers"—ways to find inner peace. These include prayer, meditation, sharing feelings, diet and exercise, forgetting oneself, and

the Eucharist.

Although Paulist Press is primarily a Catholic publishing house, the advice offered is valid for teenagers of all faiths.

Dixie Blasberg Tripoli, Iowa

THE USE-IT-UP COOKBOOK



The Use-It-Up Cookbook by I Carlson Willand (Practical Cobooks, 1985, \$9.95). Order fr Practical Cookbooks, Box L, Malcolm Avenue S.E., Minneapo Minnesota 55414.

eftovers! So you made enor for an army, but the troops dishow up. Hectic family schedules courage waste—poor stewardship.

a hungry world.

This book, crammed with creasuggestions, could pay for itself week. No warmed-over reruns he Particularly welcome are Willattreatments of problem foods suce egg yolks, corn, rice, applesauce nanas, stale cake and pasta. Use-It-Up Cookbook offers new liremnants of yesterday's menu.

If guilt about wasting God's sources isn't enough, the au asks, "How much does your he hold spend on food annually? you afford to throw 10 percen more of that amount into the bage?" Beyond disguising lefted deliciously, this cookbook strouick and easy ways to plan me shop efficiently, and store foods ly.

It's time to act, before those beans move any farther towar rear of the refrigerator!

Nancy W. Olson Taylor, Wisconsin



ng the Past Behind: Biblical Sons to Your Unmet Needs by Les er (Moody Press, 1989, \$7.95).

Putting the Past Behind, Les er methodically defines five of God-given basic needs"—love, om, internal controls, familiarith our emotions and contempon of God. He then talks about can happen when these needs not met, and how distress, bitess, unresolved guilt, depeny imbalances and inferiority geles can result.

e second half of the book shows the Scriptures speak to our unneeds, and offers many helpful hts, such as, "No human can be ource of another person's stabil-And, "Humility recognizes that and worth is given by God, not

ired by performance."

e author discusses topics such affering, phoniness, worry and overeignty of God. The chaptering in Grace" illustrates God's at work in the life of John Newheslave trader, who was later arted to Christianity and wrote ymn "Amazing Grace."

Ann Jacobsen La Vista, Nebraska

LIVING WITH CHRONIC ILLNESS



Living with Chronic Illness by Stephen A. Schmidt. (Augsburg, 1989, \$6.95).

Stephen A. Schmidt, who has Crohn's disease, explores, probes and debates the mystery of long-term illness with its limits and its possibilities. By sharing his experiences, he helps strengthen others who suffer and those who care about someone who does.

Schmidt writes: "Slowly, over the past 12 years, I have learned that my doubting moments are not faithless, but the very necessary components of faith. For only where there is uncertainty can there be the risk of faith, the leaping out and hanging on to the words of promise, to the story of the scandal, the cross."

I found this book to be honest, sincere, helpful, challenging, provocative, upbeat and believable. Schmidt gently reminds us to "give up and give in [so we can rest] as did Jesus in the last moments of his life, in God's hands."

Doris Jean Hanson Elk Point, South Dakota

Unless otherwise noted, books reviewed in LWT can be purchased or ordered through most bookstores or by contacting your nearest Augsburg Fortress location. ■

How Do You Read

Sylvia Pridal

How do you read Lutheran Woman Today?

t may seem a strange question, but stay with me a moment and think about it. How do you read our women's magazine?

Even though Lutheran Woman Today is less than two years old, I still remember the excitement I felt as the first issues came to my home. I decided to examine this new magazine with the same openness I had for our new women's organization. It was time, I felt, for me to sweep out any cobwebs of overfamiliarity and allow something new and fresh to enter in.

But how could I make this new magazine mine? How could I discover its content, purpose, mission? I've found a way to read each issue that lets the

magazine itself help me. Here it is.

After I consider the cover, and before I thumb through the magazine or scan the "Table of Contents," I read the "Editor's Notes." From these few words, I am introduced to the main thought of many articles and can sense a theme or emphasis for a particular issue. Another advantage to reading the

"Editor's Notes" first is that it helps me choose which articles are "

readings for me.

y "first" articles vary from issue to issue, and not every artic every issue of Lutheran Woman Today speaks directly to me to my needs as a Christian woman in today's world. But, th haven't read any magazine, periodical or book in which every a

or part of it appeals to me and my interests. And that's fine.

In the February 1989 issue, the first article that caught my eye wa by Sally Fernholz, supervisor of the activity department at the Ma Lutheran Home in Madison, Minnesota. She wrote of "A Beary Good used at the home where my mother spent the last 11 years of her li the March 1989 issue, the first article I read was "No Drought of Fait Karen Bates, a pastor from Dawson, Minnesota. My husband, Jim, are farmers, and the drought of 1988 is still very real to us.

Reading the Editor's Notes helps me choo which articles mv "first."



second" reading the lead article or the month.

You may not have read these articles first; maybe you didn't read them at all. We are a diverse group of women, we who make up the Women of the ELCA. What appeals to me and helps me in my faith walk may not be what you are looking for, or needing, at the time.

y "second" reading is the lead article for the month, which is usually the first article in the issue. It helps me focus my thoughts on a thread that often weaves its way through several of the articles in the issue.

The "center" or main thrust of my reading in the LWT is found in the center of the magazine—the Bible study. I like to read the entire study text from the Bible, then go through the study, making my own notations to each question before I read the resource book. After reading that and other references, I go back and look at each question a second time, adding new insights gleaned from these other resources.

fore too many days have passed after I receive my copy, I have most of ticles read. The compact size of the magazine makes it convenient to along in my purse to pull out and read during those "waiting times"

have.

friend Bernice takes an entirely differently aph in reading LWT. As president of our congrenal unit, she scans the pages in the back ed "Women of the ELCA" first for the latest mation from the churchwide women's organi-

ear of circles in which women review and use dual LWT articles to initiate discussion at their ngs. Some watch for authors who could be d as resources and speakers for the meetings

athering they are planning.

n excited about the potential for evangelism th a Waiting Room Ministry. The Honor Roll im is an excellent opportunity for mission in vn congregations. These ideas were both ded in the March 1989 issue.

ow do you read LWT? You and I and my congregational-unit president friend are all different women with different interests and different needs. God made all of us. And just as there is not a rigid mold we must e active Women of the ELCA, neither is there way to read our Lutheran Woman Today. I age you to approach and use the magazine as and enhances your faith life.



The "center" or main thrust of my reading in LWT is the Bible Study, found in the center of the magazine.

WOMEN OF THE ELC

A Thankoffering Service

Esther Tse

We give thanks to God for the life, light and love that God has given us through Jesus Christ. Therefore, we, as daughters of the great Giver, commit ourselves in the sharing and spreading of God's life, light and low in Jesus Christ.

Leader: From the rising of the sun to the dawn of night, let there be light, as nothing under the sun is not under

God's light of mercy. Flowers, birds, and the whole creation come and join us to praise and sing to the

Lord a new song.

Hymn: "Great Are Your Mercies, Heavenly Father" (printed p. 45; also available as No. 7 of Hymns from the Fou

Winds: A Collection of Asian American Hymns, Abingdon Press, 1983). Sung by group, or a soloist.

Leader: We praise you, O God, for the offering of the beauty

nature.

All: You are the Creator of nature.

Leader: We praise you, O Lord, for the growth of spring, for

fruits of summer, for the color of fall, for the

restfulness of winter.

All: You are the Lord of time and seasons.

Leader: We thank you, O almighty God, for the beautiful

design of your creation and for the colorful human

that peoples the earth.

All: You are our mighty God.

Leader: We thank you, O merciful God, for the generosity of your creativity—allowing us, your humble creature

be creative; for your gracious brightness—allowing your little candles, to shine in the darkness.

All: You are indeed our gracious God.

Leader: We sing to you, O God of light, for you shine in ou

words and deeds, work and rest, laughter and tear allowing us to shine in the laughter and tears of

others.

Great Are Your Mercies, Heavenly Father



u-chen Chao; tr. Frank W. Price hinese folksong; harm., W. H. Wong

on is granted for congregations to reproduce this hymn provided that copies are for local use that each copy carries the following statement: From Hymns of Universal Praise, revised copyright © 1977 Chinese Literature Council Ltd., Hong Kong. Reprinted by permission from ember 1989 issue of Lutheran Woman Today.

MBER 1989 . 45

ZII.	Lutheran Book of Worship 463.
Lector:	Reading of the first lesson, Genesis 1:1-5, 14-18.
All:	Recite Psalm 8 responsively with the lector.
Lector:	Reading of the second lesson: 1 John 4:7-21. Reading the Gospel lesson: John 13:31-35.
Preacher:	A reflection, meditation, sermon or period of silence should be included here.
Leader:	Let us give thanks and praise to the good news of li and life and love.
All:	The love embraces us in the midst of hostility; the licomes to us in the shadow of the dark valley; and the life enriches us in the midst of our sinful world, as twictor over death.
Leader:	Let us confess our faith to our God—our Creator, Redeemer, and Sanctifier, with the Apostles' Creed.
All:	Recite the Apostles' Creed, found on page 65 of LBW.
Leader:	Let us offer our hearts, and the tokens of our hearts God the great giver of life, light and love. During the offering we receive on paper the prayer requests the community offers.
All:	As the offering is received, the group sings "Thank the Lord and Sing His Praise" (LBW, page 72).
Leader:	Let us pray for all women of God according to their needs: Merciful God, we pray for your light, life and love to be manifested in our decisions, actions and participations in both society and church so that pe might know that we are your daughters. Lord, in your mercy.
All:	Hear our prayer.
46	LUTHERAN WOMAN T
	Lector: All: Lector: Preacher: Leader: All: Leader: All: Leader: All: All: All: All:

You are truly the light of our daily life.

We sing to you, O merciful God, for the great offerin

of our Lord Jesus Christ who lived and lives, shined and shines in the midst of our troublesome lives.

Sing, "God Who Stretched the Spangled Heavens,"

All:

All:

Leader:

WOMEN OF THE ELCA

Almighty God, we pray for our sisters in Central America and South Africa, for their struggles and sufferings and for the liberation of their land politically and socially. Lord, in your mercy.

Hear our prayer.

er:

er:

er:

er:

er:

er:

er:

God of the whole human race, we pray for our sisters in Africa, for their difficulties and struggles to feed their hungry babies. Lord, in your mercy.

Hear our prayer.

God of light, we pray for the sisters who have never heard the good news of your light, life and love. Lord, in your mercy.

Hear our prayer.

God of life, we pray for our sisters who are ill, or who are in need, or who grieve. May they find healing, comfort and abundant life in your son Jesus Christ. Lord, in your mercy.

Hear our prayer.

God of love, we name the special joys and concerns of this community now. (*The petitions gathered during* the offering are spoken.) Lord, in your mercy.

Hear our prayers.

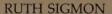
Into your hands, O God, we commend all for whom we pray, trusting in your mercy, through your son Jesus Christ our Lord.

Recite The Lord's Prayer (LBW, page 71).

Let us praise God by singing "Sent Forth by God's Blessing" (LBW 221).

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MEDITATION





Prayers from other cultures can help broaden our understanding and enrich our prayer life. Following are two such prayers from different settings that reveal the soul's desire for communication with, and blessing from, a God who loves all people.

Lord, lead me
From death to life,
From falsehood to truth
Lead me
From despair to hope,
From fear to trust.
Lead me
From hate to love,
From war to peace,
Let peace fill our hearts,
Our world, our universe.

International Peace Prayer

The ancient Sanskrit prayer above was introduced by Mother Teresa of India.

Lord, so eager was I for Thy darshan [presence] that I donned the yellow robes of a sannyasi [holy man].
I walked the dusty, weary mile
of the road from Dravida
to the Himalayas
in my bare feet.

I endured the heat of noonday,

the lash of monsoon tempests, the perils of tortuous jungle par Lonely forest shrines echoed to kirtans [songs]. when I offered juna with garla of wild flowers.

But nowhere did I find Thee.

And then suddenly I met Thee, met Thee walking the roads of my own heart.

Darshan;

Prayer of an unknown Christian

This prayer is prayed in tradit al Indian fashion, with palms toge er, for thanksgiving, supplicat and meditation. Many of our Ind sisters kneel in prayer and on on sion prostrate. It can create a v shipful atmosphere for us.

Ruth Sigmon spent over 40 years a Lutheran missionary in Inworking in rural and social outre programs for women for the And Evangelical Lutheran Church.

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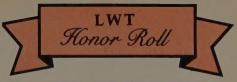
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utheran Vespers terviews Koesters

v. Craig and Nancy Koester, thors of the LWT Bible study the gospel of John, have been erviewed for a *Lutheran Vest* radio broadcast scheduled September 3, 1989. Tape and inscript copies of the interview available free from Lutheran spers, 8765 West Higgins ad, Chicago, Illinois 60631.

Correction

regrets omitting biographical mation about Linda Danielsk, author of "Breaking Our Adms" (August). The Rev. Danielsk and her husband, the Rev. V K. Block, share a position as inator for leadership empownt for the ELCA Commission formen. They have two children.



Congratulations to the latest LWT honor roll congregations:

- + Union Creek; rural Akron, Iowa
- ♣ Big Pembina; Langdon, North Dakota
- + Calvary; Allendale, New Jersey
- + Redeemer; Rio, Wisconsin
- + St. John; Briceton, Ohio
- ♣ St. Paul Evangelical; Glenford, Ohio
- + Covenant; Wheatland, Wyoming
- → Bethania-Trondhjem; Rosholt, South Dakota
- + Christ; Cottonwood, Minnesota

Honor Roll congregations are those in which every woman in the congregation subscribes to LWT. For more information, or to apply for honor roll status, write to LWT Promotion, Box 1209, Minneapolis, Minnesota 55440, Attention: Sandy Dahlin.

Women of the ELCA Scholarships

arship program helped nine on begin or renew the pursuit of educational goals. For the Women of the ELCA arship was an opportunity to the an educational program and been interrupted. For s, it was the launch of the beginning of a path to a r. For still others, it offered of getting off welfare. Other of the ELCA scholarships wailable to mature ELCA

men who can demonstrate a

several-year interruption in their education. Most often these are women who for several years have been out of school raising a family or working outside the home.

Scholarships are awarded for both graduate and undergraduate work. One scholarship specifically supports the education of a woman of color. The October issue of Lutheran Woman Today will provide more information about this program as well as the Women of the ELCA grants program.



Interdependence

All entities of the ELCA, the congregational/ intercongregational unit, synodical women's organization, and churchwide women's organization shall function interdependently and share responsibility for fulfilling the common purpose.

Principles of Women of the EL Constitution and Byla